



# ST MARY & ST PETER NEWSLETTER

May 2008



A free newsletter published by the Church for every home in Boxted and Langham

## BOXTED & LANGHAM DIRECTORY 2008-9

It is planned to publish the 4th edition of the Boxted & Langham Directory in July. Previous editions have been published in February but this has meant that changes of officer in the various village organisations arising from the Spring round of annual meetings could not be included, making the Directory out of date in some respects as soon as it has been issued. The 4th edition will thus relate to 2008-9 rather than 2008.

Secretaries of organisations in Boxted and Langham are invited to inform the Newsletter Editor (see below, right) of any amendments that should be made to the 2007 edition for inclusion in the 2008-9 one NOT LATER THAN 31 MAY. This will enable us to print the new edition for distribution with the July/August issue of the Newsletter.

The Boxted & Langham Directory is published free of charge by St Mary's and St Peter's Churches in collaboration with the Parish Councils of Boxted and Langham.

## GARDENS OF LANGHAM 2008

Included with this issue of the Newsletter is a 'flyer' giving details of the Gardens of Langham event (fifteen gardens and some remarkable woodland) at the Spring Bank Holiday in aid of the Langham Church Support Trust. Please tell your friends and relations all about it and encourage them to come.

Also included is a book of tickets for the draw which is taking place at the same time -you will see that there are lots of attractive prizes. Gill Flack (322666), who is organising the draw, asks for counterfoils and any unpurchased tickets to be returned to her by Friday 23 May. Thank you.

## CHURCHWARDENS 2008-9

At the Meeting of Parishioners at St Peter's Church on 20 April, Graham Pullen was elected Churchwarden for St Peter's in place of Alison Human, who has retired. The other three Churchwardens (Stephen Garner and Ian Hollands, St Mary's, and Jos Renouf, St Peter's) were re-elected. All four Churchwardens will be admitted to office by the Archdeacon of Colchester on 15 May.

## GREAT PLANT SALE Boxted Methodist Chapel

**Saturday 17 May**

**11 am onwards**

**Bargains! Bargains! Bargains!**

## PARISH DIARY- MAY

### Church services

4th	St Mary's	10.00	Sung Eucharist
Sunday	St Peter's	6.00	Evensong
after	Methodist Chapel	10.30	Morning Service
Ascension		3.00	Band Service
11th	St Mary's	8.30	Eucharist (BCP)
Pentecost	St Peter's	10.00	All-age Family Service
Sunday	Methodist Chapel	10.30	Morning Service w. Holy Communion
18th	St Mary's	10.00	Family Eucharist
Trinity	St Peter's	6.00	Evensong
Sunday	Methodist Chapel	10.30	Morning Service
25th	St Mary's	8.30	Eucharist (BCP)
Trinity I	St Peter's	10.00	Mattins
	Methodist Chapel	10.30	Morning Service

### Other events

Boxted Parish Council	14th	7.00	Boxted Village Hall
Boxted Footpath Walk	3rd	2.00	King George Playing Field
Boxted Coffee Café	6th, 13th, 20th & 27th	10.30-12	Boxted Village Hall
Boxted Evergreen Club	1st	2.30	Boxted Village Hall
			(Sally: "Poetry to amuse")
	15th	2.30	Boxted Village Hall
Boxted WI	13th	7.30	Boxted Village Hall
			(David Wilkin and Owl)
Boxted History Group	16th	7.30 for 8.00	Boxted Village Hall
			(Audrey Gillett: "The Honeywood Saga")
Boxted Art & Craft Club	7th	2.00	Boxted Village Hall
			(Annual General Meeting)
	21st	2.00	Boxted Village Hall
Boxted Bingo	28th	7.30	Boxted Village Hall
Boxted Lodgers FC	Tuesday	7.00	King George Playing Field
			(Thursday in term-time, 5.30: coaching by Colchester United CD coaches)
Boxted Pram & Chat Club	Wednesday	in school term	
		9.30-11.30	Boxted St Peter's School
Boxted Pre-School	Monday-Friday	in school term	
		9.30-12 & 1.30-4	The Play Centre, King George Playing Field
Boxted Methodist Silver Band	Wednesday	7.30	Boxted Methodist Schoolroom
			(Monday in term-time, 7.30: Training Band)
Langham Parish Council	27th	7.30	Langham Community Centre
			(Annual Parish Meeting)
Langham Footpath Walk	11th	2.00	Langham Community Centre
Langham WI	8th	7.30	Langham Community Centre
			(Melvin Prentice: "Hanging Baskets & Containers")
Langham Good Companions	10th	10.30-12.30	Langham Community Centre
			(Spring Sale)
Langham Badminton Club	Thursday	8.00	Langham Community Centre
Langham Carpet Bowls	Tuesday	2.00 & Friday 7.30	
			Langham Community Centre
Langham Bridge Club	Monday	7.15	Langham Community Centre
Langham Pre-School	Monday - Friday	in school term	
		9.30-12	Langham Community Centre
2nd Langham Scout Group	Wednesday	(times vary)	Langham Community Centre

## Copy for the JUNE issue should be with the Editor

Bodinnick Wick Road Langham C04 5PG

Email: ianhollands@supanet.com

by 8 am on Monday 19 May

# Boxted & Langham Village News

## THE PARISH OF LANGHAM WITH BOXTED

<b>Rector</b>	The Revd Dr Tim Bull	230666
The Rectory, Wick Road, Langham CO45PG		
Email: <a href="mailto:tbull@chelmsford.anglican.org">tbull@chelmsford.anglican.org</a>		
<b>Lay Reader</b>	Denise Hobday	230918
<b>Junior Church</b>	Julie Bull	230666
<b>Churchwardens</b>		
<b>St Mary's Langham</b>		
Stephen Garner		272599
Ian Hollands		230525
<b>St Peter's Boxted</b>		
Graham Pullen		273804
Jocelyn Renouf		272755
<b>Parish Clerk</b>	Anne Newman	272351

Enquiries about weddings should be made to the Rector or the Parish Clerk. For baptisms and funerals, contact the Rector.

### St Mary & St Peter Newsletter

<b>Editor</b>	Ian Hollands	230525
Email: <a href="mailto:ianhollands@supanet.com">ianhollands@supanet.com</a>		
<b>Advertising</b>	Gillian Flack	322999
Email: <a href="mailto:marmalites@supanet.com">marmalites@supanet.com</a>		
<b>Distribution</b>	Ann Barnard (Boxted)	272349
	Gillian Flack (Langham)	322999

### BOXTED METHODIST CHAPEL

**Minister:** Revd Ruth Ridge 01787 273623  
(Alt: 01206 210141)  
47 Tidings Hill Halstead Essex CO9 1BL  
Email: [ruth@ridge.clara.co.uk](mailto:ruth@ridge.clara.co.uk)

### LANGHAM COMMUNITY SHOP - DISCOUNT ON HEATING OIL

The Shop Committee is planning to enter into negotiations with fuel companies to obtain a discount on the price for a bulk order of heating oil delivered to the Langham area. If you would like to take advantage of this money-saving offer, please call in at the Shop and add your name, address (including the post code) and telephone number to the list. When the Shop has the necessary information about prospective customers, the discount will be arranged and customers will be contacted before delivery for them to confirm whether they need their tanks to be topped up at that time.

### BOXTED ART & CRAFT CLUB

The Annual General Meeting of the Club will be on 7 May; after the 21 May meeting there will be a break until September. However, it is hoped to arrange outing of special interest to members during the summer period.

### BOXTED SPORTS & SOCIAL CLUB

The Annual Meeting of the Club will be at the Clubhouse on 27 May at 7.30 pm. Nominations are requested for the offices of Chairman, Secretary and Treasurer.

### BOXTED'S GOLDWING GRANNY

Ruth Sycamore thanks everyone who sponsored her so generously when she took part in the Goldwing Granny run on 20 April. At the time of going to print Ruth had gathered in well over £500 towards the appeal for a NBI Endoscope at Broomfield Hospital.

### 100 CLUB COFFEE MORNINGS

The 100 Club draw in aid of Langham Community Council takes place on the last Friday of the month, whenever possible during a coffee morning hosted by a Langham village organization. The money raised is shared between the Community Council and the host organization; since the coffee mornings began in September 2006, the net income to the Council has been £544. Sylvia Hemmings and David King thank everyone who has supported this venture. The next draw (without a coffee morning) will be on 30 May, at the Community Shop.

### Langham Good Companions

## SPRING SALE

Saturday

**10 MAY**

Langham Community Centre

10.30 am—12.30 pm

Entry Free

*Drop in for a coffee & visit the stalls*

### BOXTED WOMEN'S INSTITUTE

Members at the April meeting much enjoyed Anne Sara's demonstration of the intricacies of parchment craft and greatly admired the completed work she brought along to show them.

Earlier, a number of members had planned to have lunch at Beth Chatto's Garden and then walk round the grounds. However, persistent rain confined the expedition to lunch only.

Boxted WI convened the spring Valley Meeting at Langham Community Centre on 18 April. Two Trustees, the Adviser, the Presidents of all the Group WIs and Jackie Lyons of the Salvation Army (SA) were present, to be entertained by Graham Jolley and his mind-reading. Afterwards, Peter Redhead, formerly of Fillpots Nursery, and Emma the Florist created and explained flower arrangements. Jackie Lyons described the social work of the SA and thanked all the WIs for the many items they had collected for the Army.

Boxted WI always welcomes new members— ring Geraldine on 272761.

### BOXTED VILLAGE HALL SNOWBALL

#### March Winners

£25	Mr A Wilkinson
£10	Mr G Cundey
£ 6	Luca Bays
£ 4	A Whybrow

If you would like to join the Snowball, ring John Jackson on 272776.

### SPASM

For ten members of SPASM, the two churches' (St Peter And St Mary young people's group, the school holiday began with an exciting weekend away together at St Mark's College, Audley End, to enjoy outdoor activities and to learn about Christian discipleship. St Mark's has been a residential youth and conference centre since 1993 but it is steeped in history, its chapel—still in use—dating to 1258.

The SPASM party took part in a range of activities, including archery, adventure and low rope courses, a night walk and some art and crafts in the new Arts & Crafts Environment Centre. The theme for the weekend was "The Disciples" and the SPASM group took a closer look at who those people were who joined Jesus and why they left their homes, families and jobs to follow him.

The weekend finished with a service put together by the young people themselves and members of the two other groups who were also there. It was a wonderful end to a fantastic weekend which everyone enjoyed and wants to repeat.

The weekend was funded by the proceeds of a Country Dance organised some time ago by Elizabeth Schofield and Jos Renouf, to whom SPASM gives special thanks.

Are you young, active and enquiring? SPASM may be just the thing for you. Give Julie a call on 230666.

### LANGHAM WOMEN'S INSTITUTE

The April speaker, Mr Sadler, gave a very informative talk on the origins, history and current work of the Magistrates' Courts, in which three lay people sit as a Bench with a legal clerk at hand to ascertain and advise on points of law. The selection process is rigorous and magistrates receive considerable training before and after appointment. Continued training is also necessary, especially in the context of the increasing volume and complexity of legislation. Many questions were put by members, all of which Mr Sadler answered fully and succinctly.

# Boxted & Langham Village News

## LANGHAM 100 CLUB

### March Winners

£40 Tricia & Robin Gooding  
 £25 Langham Community Shop  
 £10 Margaret Bryant  
 £ 5 Pamela Baalham

If you would like to join the 100 Club, ring Sylvia Hemmings on 322336.

## USAAF MONUMENT

Motorists, cyclists and walkers cannot fail to be impressed by the reconstructed United States Army Air Force monument in Park Lane, Langham, where the road crosses what was the main runway of Airfield 150. On 19 April a considerable number of people gathered together for the unveiling (by Col J Hosken, US Air Attaché) and rededication (by the Rector) of the monument. The British and American National Anthems were sung and an Honor Guard was provided by the USAF, Mildenhall. Memorable speeches were made by Col Hosken, on behalf of the USAF, and by Mrs Laura Smerdon, on behalf of the people of Langham. Unfortunately, the planned fly-past by a WW2 P51 Mustang fighter did not take place because of conditions at its home runway.

After the ceremony, large numbers visited a fascinating exhibition in the Langham Community Centre showing life and events at the airfield during its operational existence as well as contemporary village scenes and personalities. Copious refreshments were provided by Lanham WI.

Over 18s

## QUIZ NIGHT

Langham Primary School

Friday

**23 MAY**

7.45 for 8 pm to 11 pm

Bring your own drinks & snacks

Teams of up to 6 people  
(£5 per person)

Ring Jane (844372)  
to reserve your place

All proceeds to the  
Friends of Langham School

## 2ND LANGHAM SCOUT GROUP

The Beavers, Cubs and Scouts are looking forward to a full programme of indoor and outdoor activities. The Group Camp will be at the Nacton Scouting Grounds at Half Term. The cub Scouts recently came second in the District cooking competition.

## BOXTED HISTORY GROUP

Speakers at the History Group in recent months have presented a range of subjects, from the history of Lexden Mill to the story of London's Pearly kings and Queens. The high standards members have come to expect were maintained in April with a talk by Brian Curtois, formerly a BBC Political Editor and familiar face on the TV screen. In his talk he described his experiences of thirty years as a reporter and set out how the nature of political reporting had changed, especially after the presence, first of radio microphones and then of TV cameras in the House of Commons.

New members of the Group's Committee following the Annual Meeting are Christopher and Christine Pawsey. Although the Group has the designation "Boxted" in its name and meetings are at Boxted Village Hall, membership is not restricted to Boxted people. It is open to anyone interested in history, particularly local history; a good many members are from Langham, as well as from other villages.

## PAROCHIAL CHURCH COUNCIL (PCC) ANNUAL REPORT 2007

Copies of the PCC's Annual Report and Financial Statements presented to the Annual Meeting on 20 April are available at St Mary's and St Peter's Churches for anyone who would like to read them. They give a full account of church activities and finances in 2007 and make both encouraging and challenging reading.

## LANGHAM PRIMARY SCHOOL

Langham Primary School has a very active Summer Term in front of it, with Netball, Tennis, Rounders, Athletics and, to a lesser extent, Football in full flow. A special Road Safety Day for the whole school is being organised, while Year 6 pupils will be attending Finborough Hall near Bury St Edmunds for a week's adventure activity.

A tea-coffee-cakes afternoon was held on 18 April for all parents, young children and friends; the next such occasion will be on 6 June, when pupils of Classe 1 and 2 will be making and serving the refreshments.

The Friends of Langham School (FOLS) are organising several events to raise funds for staging, an outside classroom area and a new storage shed. An important one is the Quiz Night on 23 May (see left).

**BED & BREAKFAST** Mrs Rosie Helliwell  
Oak Apple Farm, Greyhound Hill, Langham,  
Colchester CO4 5QF Tel: 01206 272234  
Email: oak\_apple\_farm@btinternet.com

**JOHN TOKELY** Painter & Decorator  
No job too large or small.  
9 Nayland Road Colchester CO4 5EG  
Mobile: 07976 848310 Tel: 01206 845665

**STEVE RAYNER** House/Garden Maintenance  
Grass/Hedge cutting Weed control Clearance  
Small tree work Exterior painting Gutters cleared  
Fence/shed erection DIY jobs  
Mobile: 07709 972728 Tel: 01206 231031

**LANGHAM PRE-SCHOOL** Ofsted inspected  
Children aged 2-5 yrs old can learn & play in a friendly atmosphere with highly qualified staff.  
Mobile: 07930 963638 (9-12.30) during term-time  
Email: langham.pre-school@btconnect.com

**MATHER & CO SOLICITORS LANGHAM**  
Low cost, high quality conveyancing  
Also wills, family and general legal services  
Tel: 01206 322763

**BRIAN SAGE** Garden maintenance/Painting  
Hedge/grass cutting Pruning  
Pressure washing Painting interior/exterior  
Odd jobs  
Mobile: 07513 150526 Tel: 01206 273292

**A PAGE** Fine Furniture & Joinery  
Pine cabinets, furniture repairs, doors & windows  
Tel: 01206 323382

**HANDYMAN LES** House/Garden maintenance  
DIY jobs Pruning Fence work  
All jobs considered  
Mobile: 07940 928269 Tel: 01206 231363

**CARTER UPHOLSTERY** Modern & traditional furniture  
Armoury Farm West Bergholt  
Colchester Tel: 01206 240858  
www.carterupholstery.co.uk

**ROSE BROWN Dip BISS-DO** Shiatsu Practitioner in Boxted  
Hands-on help for aches, pains, injuries, breathing problems, posture and general well-being.  
www.equipoishshiatsu.co.uk Tel: 01206 271181

**CAROL** Fabric Alterations  
Alterations and repairs to clothes and curtains  
Dog and cat beds made to order  
Moor Road Langham Tel: 01206 272569

**CLEANSHINE** Window Cleaning Service  
Call any time for a free quotation and see what a difference clean windows can make.  
Mobile: 07912 991906 Tel: 01206 272054

**BOXTED GARDEN MACHINERY** Repairs/Service  
Workshop at Hill Farm Estate, Carters Hill  
Mowers Strimmers Hedgecutters CALOR GAS  
Mobile: 07850 690332 Tel: 01206 272215

**AB** Decorating & Plastering Services  
Painting & Decorating, Plastering, Skimming, Rendering, Dry Lining, Coving and Small Repairs.  
Trust us to get it right first time. Fully qualified.  
Mobile: 07825 910361 Tel: 01206 271870

**BB SOLUTIONS** Garden Taming Service  
Grass cutting Hedge trimming Weeding  
General Garden Maintenance & Valeting  
Mobile: 07762 142287 Tel: 01206 271813

**FILLPOTS** Nursery & Tea Room  
Shrubs Perennials Bedding plants Floristry  
Planted containers Hanging Baskets Composts  
Tea room open daily 10-4  
52 Straight Road Boxted Tel: 01206 273834

NEED TO TALK TO SOMEONE?

## SAMARITANS

Available 24 hours a day to provide confidential support for people who are experiencing feelings of distress or despair, including those which may lead to suicide

12 Vineyard Street Colchester

Open 10am to 8pm daily

01206 561234

## EXTERIOR CARE

*Colchester's Premier Roofing Specialist*  
New Roofs & Repairs ♦ Leadwork ♦ Gutters & Fascias  
Chimney Work & Pointing ♦ Flat Roofs a Speciality  
Free estimates 20 years+ experience

For Quality, Reliability & Service call  
**01206 272 453 or Mobile 0797 001 6234**

## SMALL PLUMBING & HEATING REPAIRS

*Same Day Emergency Service*  
Call **TERRY** at Langham  
**01206 230358**

PERIOD BUILDING SPECIALISTS



**BARNARD  
CONSTRUCTION  
LTD.**

Tel. **01206 272909** Mob. **07789 680124**  
1 Cage Lane, Boxted, Colchester CO4 5RE

## JANE BURTON

### Traditional Flooring

CARPET WOOD STONE SLATE MARBLE  
AMTICO VINYL RUGS  
*Designed to your personal requirements*  
Welmans Lamberts Lane Great Tey CO6 1AP  
Tel: **01787 222770**

la Challenge Way  
Hythe Hill  
Colchester  
CO1 2LY

01206 795493

**Cymax**  
Computer Store

▪ Free pickup & delivery ▪ Full PC upgrade service ▪ Laptops & PCs  
▪ Wide range of peripherals ▪ Helpful jargon free advice  
[www.cymax.co.uk](http://www.cymax.co.uk)

## T.P. Brundell Upholsterer

Antique & Modern Re-upholstery  
Loose Covers & Curtains  
Free Estimates

36 Silcott Street Brightlingsea Tel: 305635

*R & D Removals Ltd*

REMOVALS & STORAGE  
Tel. **01206 322255**

Greyhound Hill, Langham, Colchester, Essex  
[www.schofieldremovals.co.uk](http://www.schofieldremovals.co.uk)

## JIM BROWN

Oil Boiler & Aga  
Maintenance

Tel: 01206-272012 Mobile: 07885-504036

**BEECHWOOD  
LUXURY CATTERY  
MOOR ROAD LANGHAM**

Julie Tel: **01206 272937**

## BLOSSOM HOUSE KINDERGARTEN

*Children's Nursery  
(2-5 years old)*

**STRATFORD ST MARY**  
01206 323093

## BABY BARNES ARDLEIGH

*Baby Care from 3 months to 2 years*  
01206 231195

## Architectural Services

**Homa Design Ltd**  
Langham

New buildings, extensions, conversions  
Planning & Building Regulations  
Tel: **01206 272247**

## Penrose & Partners Veterinary Surgeons

9.00 to 6.30 Weekdays, Wed evening & Sat morning  
All consultations by appointment  
24 hour emergency service

70 Brinkley Lane Highwoods Tel: 842608  
& "Peelers End" Stratford St Mary Tel: 323414

## Master That Computer !!

*Learn on your PC in your own home or office*

New users — Basic skills, e.mail, Internet, online shopping,  
ticket & holiday reservations etc  
Current users — Spreadsheets, word processing,  
website design & general assistance.

Call Ian on 01206 271813 or 07762 142287

*Lennie Newport*

## WINDOW CLEANING SERVICES

*Windows and surrounds thoroughly cleaned  
A reliable service*

**TEL. 01206 322762**

## Michael J Byles

### Plumbing & Heating

Oil Boiler Installations Servicing & Maintenance  
Oftec Registered

General Plumbing & Heating work also undertaken

Telephone 01206 822225 Mobile 07717 012433  
E-mail: [michaeljbyles@aol.com](mailto:michaeljbyles@aol.com)

## Tree Work & Hedging

Fully qualified + insured Free Estimates

### Firewood available

Seasoned + split Free delivery

Call G Ely Mobile: 07860 833634

## A R Tralau—Plasterer

*Established 30 years*

Specialist service for all your plastering requirements.  
General building maintenance including brickwork,  
paving, patios and wood working.

Tel: **01206 272531** Mobile: **078 81 787750**

## A.A. LANDSCAPE SERVICES

All Aspects of Quality Landscaping Undertaken

Paving/Paths Driveways Patios  
Brickwork/Walls Block Paving Fencing  
Timber Features Turfing/Planting Mini-Digger Work

Telephone: 01206 272528 Mobile: 07804 668233

## FISHER JONES GREENWOOD LLP



S O L I C I T O R S

### Wills and Probate

- Wills
- Inheritance tax planning
- Lasting powers of attorney
- Town centre office and office on Colchester Business Park

Call 01206 578282/835300 or visit  
[www.fjg.co.uk](http://www.fjg.co.uk)

## TIN-BINS SKIP HIRE

STRAIGHT ROAD BOXTED

2-4-6-8- yard skips

Fully licensed and qualified in  
Waste Management & Recycling  
Tel. **Colchester 272751**

## M T Sara PAINTER & DECORATOR

and small odd jobs

Phone Col. 272223  
Mobile 07785 715865

## FUTURE ELECTRICAL LTD 272494

YOUR LOCAL ELECTRICIANS 07798 865377

FREE QUOTATIONS PHONE POINTS & DIGITAL TV SYSTEMS

FAMILY BUSINESS QUALIFIED & REGISTERED

## HUGH CLO- VER

MA(Ed) MABCH  
MCAHYP MNCH  
MASTER NLP

## HYPNOTHERAPY

Caring & confidential help with stress,  
relaxation, phobias, confidence, sleep,  
smoking and other problems. Please  
contact **HUGH** on **01206 323089**  
or Email: [hughhyp@hotmail.com](mailto:hughhyp@hotmail.com)  
Why not take a look at Hugh's Website:  
[www.hughclover.co.uk](http://www.hughclover.co.uk)

## jazzercise®

it shows.

Langham Community Centre. Now on **Tuesdays** 10-11AM.  
Exercise to fresh moves and music, blending aerobics, dance, yoga,  
pilates and kick boxing. £4.50 per session or £15 per month.  
For information and about other classes in the area call Debbie  
Tel: 07968 203645 Email: [debbieasmith@btinternet.com](mailto:debbieasmith@btinternet.com)  
[www.jazzercise.com](http://www.jazzercise.com)

**Hunnaball Funeral Service**  
York House 41 Mersea Road Colchester  
*Caring personal service from a family business*

Immediate attention anytime, please contact:  
TREVOR, MELANIE or SAUL HUNNABALL  
Tel: **COLCHESTER 760049**

## A.H. BLAND Landscaping & Treework Service

Tel: 01206 869559 (24 hours)  
or 272426

Mobile Tel: 07771 626548

## TONY LEEDER MOTOR ENGINEER

*Service ~ Repairs ~ Welding  
Spraying ~ MOTs  
Free Collection & Delivery*

Tel: **01206 242144 & 01206 272812**

**Home Computer Tuition**  
Personalised tuition in your own home  
on your own machine at your own time  
Total beginners or just plain "stuck"  
E-mail—Internet—Word Processing—Photography—Scanning  
Home & small business accounts  
You name it and I'll tell you if I can't help  
Phone **Adrian Arnold** on **01206 273474** anytime  
E-mail: [eaarnold@tiscali.co.uk](mailto:eaarnold@tiscali.co.uk)